

A Guide to Managing Your Diabetes



Know what makes your
blood sugar level rise and fall
and learn how to control
these day-to-day factors.



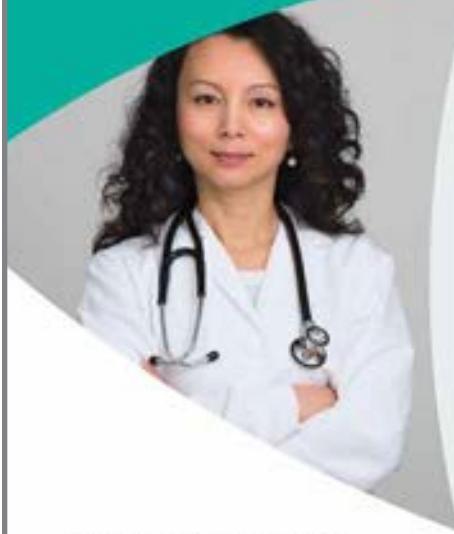
Diabetes Management:

How lifestyle, fitness and daily routine affect blood sugar.

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Dr. F. Lastname

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