

WELCOME TO TRANQUILITY

MEET AND GREET

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STARTING YOUR SESSION

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DURING YOUR SESSION

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ENSURING YOUR WELLNESS

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FREEDOM FROM STRESS
AND PAIN RELIEF ARE JUST
A CLICK AWAY.

VISIT WWW.YOURWEBSITEHERE.COM
OR CALL 555.543.5432

5432 ANY STREET WEST, TOWNSVILLE, ST 54321

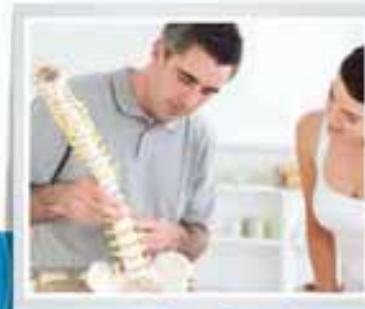


NATURAL HEALING
THROUGH INTERACTIVE
BODY TECHNIQUES.

REJUVENATE / RESTORE / REBALANCE



Massage therapy can be a powerful ally in your wellness program. Utte wisi enim ad minim veniam quis nostrud exerci dolor sit amet erat forem dolor consequetur.



MASSAGE THERAPY

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PROFESSIONAL THERAPISTS

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REBUILD AND RESTORE

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THE FEELING EVERYBODY WANTS.

THE BENEFITS OF MASSAGE THERAPY

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► RELIEVES STRESS

- ENCOURAGES RELAXATION
- IMPROVES POSTURE
- IMPROVES CIRCULATION

► LOWER BLOOD PRESSURE

- RELAXES MUSCLES
- IMPROVES FLEXIBILITY
- PROMOTES DEEPER BREATHING

► RELIEVES HEADACHES

- STRENGTHENS THE IMMUNE SYSTEM
- ENHANCES POST-OPERATIVE REHAB
- REDUCES RISK OF INJURY

Therapeutic needs don't only vary from person-to-person, but also from day-to-day. That's why we offer a variety of massage types to choose from. With variations in pressure, technique, areas of focus and desired outcome, every visit is a chance to find your new favorite massage.

Trigger Point Therapy

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Swedish Massage Therapy

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Deep Tissue Massage

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Sports Massage

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Reflexology

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Cranial Sacral Therapy

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Prenatal Massage

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Geriatric Massage

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