

AN APPLE A DAY KEEPS THE KIDS AT PLAY.

Our facility offers a wide variety of award-winning health education programs and services for all ages.



HEALTHCARE FOUNDATION
promoting health awareness



- DIABETES EDUCATION AND CARE
- FIRST AID AND CPR
- INTEGRATIVE THERAPY
- WEIGHT MANAGEMENT
- GROUP FITNESS
- EXPECTANT AND NEW PARENTS
- JUST FOR KIDS
- HEALTH SCREENINGS
- CORPORATE WELLNESS

555.543.5432

WWW.YOURWEBSITEHERE.COM

YOUR PATH TO A HEALTHY LIFESTYLE.

- DIABETES EDUCATION AND CARE
- FIRST AID AND CPR
- INTEGRATIVE THERAPY
- WEIGHT MANAGEMENT
- GROUP FITNESS
- EXPECTANT AND NEW PARENTS
- HEALTH SCREENINGS
- CORPORATE WELLNESS

Well-being is strengthened by positive attitude, action, and knowledge. We hope our offerings assist you on your path to a healthy lifestyle.

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